



VINAYAKA MISSION'S  
RESEARCH FOUNDATION  
(Deemed to be University under section 3 of the UGC Act 1956)



VINAYAKA MISSION'S  
SANKARACHARIYAR  
DENTAL COLLEGE

06-198/2022

18.06.2022

**CIRCULAR**

**INTERNATIONAL YOGA DAY**

On the occasion of "**International Yoga Day**", Guest Lecture and Yoga demonstration Program is scheduled on 21.06.2022 from 12:00-1:00 pm. All the Faculties, III B.D.S students are informed to attend "**International Yoga Day**" program.

**Speaker** : Dr. Rashmi Muraleedharan

**Venue** : Founder's hall

**Date** : 21/06/2022 (Tuesday)

*7- B. S. S.*

DEAN

Vinayaka Mission's  
Sankarachariyar **VMSDC** College,  
NH-47, Sankari Main Road,  
Ariyanoor (Po), Salem - 636 308.  
TAMILNADU, INDIA



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**INTERNATIONAL YOGA DAY 2022**

**21.06.2022**

On the occasion of **International Yoga Day 2022**, **NSS & Cultural and sports committee** Organized **International Yoga Day 2022** on the theme "**Yoga for Mind, Body And Soul**" at Founders hall, VMSDC on 21.06.2022

Dr.C.Bharath, NSS Program Officer delivered the Welcome Address.

Dr.G.V.Ajith Member Secretary, Cultural and sports committee participated

Resource person : Dr.Rashmi Muraleedharan delivered lecture on benefits of yoga followed by Yoga demonstration program

She explained that regular practice of Yoga will help the students achieve better mental and physical health.

The chief guest was felicitated by Prof.Dr.R.Saranyan, Associate Dean-Academics

A total of 92 NSS Volunteers participated in the program.

**Number of students participated: 92**

**Number of faculties participated: 3**

**Total number of beneficiaries: 92**

**NSS PROGRAMME OFFICER**

**Dr. C. BHARATH, M.D.S.,**  
Associate Professor,  
NSS Programme Officer,  
VINAYAKA MISSION'S  
SANKARACHARIYAR  
DENTAL COLLEGE,

**DEAN**

Vinayaka Mission's  
Sankarachariyar Dental College,  
NH-47, Sankari Main Road,  
Ariyanoor (Po), Salem-636 308.  
Tamilnadu, India.



**INTERNATIONAL YOGA DAY 2022**  
**21.06.2022**





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21 Jun 2022, 12:58:19 PM  
17.955627 N, 78.1698596 E  
Srirangapatna  
Tamil Nadu, India  
Altitude: 166.3m  
Srirangapatna



21 Jun 2022, 11:40:20 AM  
Altitude: 166.3m  
Srirangapatna



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**List of Students participated:**

<b>S.NO</b>	<b>REG.NO</b>	<b>NAME</b>
1	1311910001	AASHNA JOE
2	1311910002	ABINAYA S
3	1311910003	SHARON M
4	1311910004	AISHWARYA P
5	1311910006	AJITHA A
6	1311910007	AKSHAYA ARUMUGAM
7	1311910008	AKSHAYA R
8	1311910009	AMIRTHALAKSHMI S
9	1311910010	ANANTHARUBHA S
10	1311910011	ANUMITHA RAJAN R
11	1311910012	ARSHIYA SULTHANA N
12	1311910013	ARUNMOZHI A B
13	1311910014	ASWATH.A
14	1311910015	ATHIRA NAIR.K.M
15	1311910016	BAVUNIKA M
16	1311910017	BHANA VI.G
17	1311910018	BHAWATHARANI V E
18	1311910019	BHOOMIKA.S
19	1311910020	CHRISTEENA BINNY
20	1311910021	DEEPAK SUNDAR T
21	1311910022	DEEPAN MALLAYAA K
22	1311910023	DEEPTHI P K
23	1311910024	DHANUSHRI R S
24	1311910025	DHANUSUYA K
25	1311910026	DHARSANAA P A
26	1311910027	DHARSHINIPRIYA S
27	1311910028	DHARSINI P
28	1311910029	DIKSHIKA S
29	1311910030	GNANASANMITHA S
30	1311910031	HARIHARASAMAVELA.S
31	1311910032	HARINI.U.R
32	1311910033	HARISH B
33	1311910034	HARISHMA.P.S
34	1311910035	INISHA SHRAVANI S
35	1311910036	JAYA SHRI N



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36	1311910037	JAYASREE K
37	1311910038	KAMALEI J
38	1311910040	KATHIJA SULTHANA F
39	1311910041	KAYALVIZHI R
40	1311910042	KEERTHIGA M
41	1311910043	KIRUBASHINI N
42	1311910044	MADHUMITHA G
43	1311910045	MAHMUDHA RILA M
44	1311910046	MATHIVANAN I
45	1311910047	MAYURI M
46	1311910048	MOKITHA M
47	1311910049	MYTHILI E
48	1311910050	MYTHILI.K
49	1311910051	MYTHILI M
50	1311910052	NANTHITHA K
51	1311910053	NARTHIKA B
52	1311910054	NIVAS M
53	1311910055	PAALIN KIRUTHIKA C
54	1311910056	PAVITHRA M S
55	1311910057	PRASANTH R
56	1311910058	PRAVEENA.T
57	1311910060	PRINCE RUBAN E
58	1311910061	PRIYA DARSHINI C
59	1311910062	PRIYADHARSINI R
60	1311910063	PRIYANKA M
61	1311910064	PRUTHVI D
62	1311910065	PUSHPHA SRIEE S
63	1311910066	RAGHAVI S
64	1311910067	RAGHUL.M
65	1311910068	RASICA K
66	1311910069	RITHIKA D
67	1311910070	SAADIA KAUSAR.I
68	1311910071	SABIHAH KHAN I
69	1311910072	SAKTHI SOBIYA M
70	1311910073	SANAM KANNA.A
71	1311910075	SANDHYA KAMAKSHI C
72	1311910076	SANGEETHA.S
73	1311910077	SATHIYA N



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74	1311910078	SATHIYA SHRAVAN R
75	1311910079	SETHU RAMA CHANDAR G M
76	1311910080	SHAINA KHAN S
77	1311910081	SHANMUGA PRIYA M
78	1311910082	SHARAN.K.P
79	1311910083	SHREE VARSHINI.R
80	1311910085	SNEKA.B
81	1311910086	SONALI S
82	1311910087	SOUNDHARIYA P R
83	1311910089	SUBBRAJA M
84	1311910090	SUBHA S
85	1311910091	SUBHANITHA C
86	1311910092	SUSHMITHA A
87	1311910094	VAISHNAVI M
88	1311910095	VIJAY BHARATH VANARAJ
89	1311910096	VIJAYABALAJI S
90	1311910097	VINUSREE M
91	1311910098	VISHAL.SR
92	1311910099	VISHRUTHA K R



**FIT INDIA AWARENESS PROGRAM -**

**23.01.2023**

NSS unit of Vinayaka Missions Sankarachariyar Dental College, Salem in collaboration with Students council organised **Fit India Awareness Program** at Gugai Boy Higher Secondary School, Salem on 23.01.2023

Dr.C.Bharath, NSS Programme officer gave lecture on the need to bring about behavioural changes and move towards a more physically active lifestyle.

Students were advised to stay healthy and fit by incorporating physical activities and sports into their daily lives. A total of 10 NSS Volunteers participated

**STUDENTS LIST:**

S.NO	REG.NO	NAME OF CRI
1	1311810077	SUVETHA.N
2	1311810046	LAKSHITAA.J
3	1311810015	ARJUN.P
4	1311810031	HAFIZ.K.S
5	1311810042	KATHIRVEL PANDIAN.B
6	1311810060	PRAMODHINI.K.S
7	1311810075	SUBHIKSHA.S
8	1311810028	GEETHU.P.N
9	1311810015	ARJUN.P
10	1311510091	TYSON THOMAS TOY

**NO OF STUDENTS PARTICIPATED - 10**

**NO OF FACULTY PARTICIPATED – 1**

**NO OF BENEFICIARIES - 45**

**Head of the department**

**Dean, VMSDC**



**FIT INDIA AWARENESS PROGRAM**

**23.01.2023**





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